

JOY OF SOUND

ANNUAL REPORT AND ACCOUNTS
FOR YEAR ENDED 31/03/2022

COMPANY REGISTRATION
No. 6403192

JOY OF SOUND

Report of the trustees for 12 months ended 31/03/2022.

The trustees present their annual report and financial statement for 12 months ended 31/03/2022 and confirm that they comply with the Charities Act 1993, as amended by the Charities Act 2006, the Trustee Deed and the Charities SORP 2005.

Name of Charity: Joy of Sound (JOS)

Charity Registration Number: 1126361

Address:

48 Larner Road
Erith
Kent DA8 3RD

Bankers:

Bank of Scotland
Community Banking
38 St. Andrews Square
Edinburgh EH2 2YR

Accountants:

Accounting Gem Ltd
M301 Tooting Works
89 Bickersteth Road
London SW17 9SH

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Joy of Sound (JOS) Chairperson Annual Review 2021 - 2022

Thank you to all JOS volunteers, workshop participants and associates who gave their time and energy in this 22nd year of JOS's work with the goal to create a more inclusive society.

This year has been another of adapting to the post-Covid environment, consolidating and developing online activities, and sessions towards the end of the period, making a return to live face-to-face.

With numbers returning only slowly, it is all our volunteers, trustees, supporters, donors, grant makers and participants who have sustained our efforts during a challenging time.

Our Impact

Although this 22nd year of JOS project development and delivery has been a very difficult one, JOS's dedicated volunteers have negotiated many challenges to continue to provide high quality inclusive combined arts and music workshops.

Our work enables continued social and creative participation for those facing barriers, those in the PMLD, LD and Disability sectors or facing Mental Health issues, and now particularly, for isolated people, those in residential homes or those who do not travel.

We helped several Residential Homes with equipment provision and technical support.

We welcomed existing JOS members and new associates joining from further afield via the internet. Participants responded to the wide range of workshops offered with regular attendance and enthusiastic playful interaction.

Participant Attendances

During the past 12 months the JOS team has facilitated:

4234 attendances at 189 online Zoom sessions

857 attendances at 50 live, in-person workshops

JOS's website has been visited 5,566 times by 3,863 people. The most viewed page, 682 times, was the 'Join a Session' page followed by the Creative Writing and News pages. 214 visitors came via our Facebook page which had 1181 interactions. Our videos had 618 views.

Activities and objectives in the year

During the previous year of developing online work via the Zoom platform, running six very well attended and appreciated sessions a week, the team realised that some sessions should be continued in parallel with live work post-lockdown.

These workshops offer a wide range of inclusive activities to meet the varying interests of JOS's participants. We had discovered a whole new group of participants, many in residential homes or perhaps preferring not to travel, who found creative connections in our Zoom sessions. The sessions also proved very useful for maintaining contact and cohesion of our members as lockdown restrictions eased.

Online Sessions

"As a volunteer for my local council during the lockdown I have spoken to many isolated people on the phone, especially the older people. I can see how someone able to join the zoom session (maybe with a help of a family member) can enjoy taking part in this session."

Hannah Tyzack - Social Prescribing volunteer

When we re-started live sessions at our three regular venues post Covid, we decided to continue with three online workshops - Dance and movement, Seated Mindful Breathing and Yoga, and our Seriously Silly Sensory Session. Three workshops finished during 2021 – Adventures Here, There and Everywhere, Song and Sign, and the Covid Legacy Poetry and Prose writing.

Adventures Here, There and Everywhere (to August 2021)

Adventures Here, There and Everywhere, were inclusive virtual workshops which explored different cultures and places around the world through multi-media and multi-sensory exploration. The workshops were led by participants and the places we explored were determined by them. The learning team at the British Library generously supported this workshop with privileged access to the British Library Sound Archive, enabling the use of rare and interesting audio recordings from around the world to set a sense of place and a basis for activities for our participants.

The British Library also financially supported the workshop with a total of £2,250 during the period.

As well as many benefits to our participants, this workshop has offered opportunities to our team in expanding and developing our facilitatory practice and developing new and important networks for the charity.

"Lovely format - going on a journey and participants get to choose where they go such as Madagascar or Jamaica - gave the participants a sense of ownership of the session and again moved away from a simple practitioner/participant vibe".

Emma Burman - Learning and engagement coordinator, The British Library

Song and Sign Workshop (to October 2021)

Song and sign was about learning new Makaton signs but also offered opportunities in developing listening skills, vocal sounds and movement. Our participants had the opportunity to use random words and together create improvised verses, or sang along with well known songs using Makaton signs and movement. Songs were selected by participants, and we invited everyone to share their learned sign or a preferred movement. Participants were encouraged to learn new signs through fun musical games and play.

The sessions showed that Makaton is really useful for non-verbal communication, and we are now introducing using it regularly at all our live sessions, especially in greeting people by name.

"It's been brilliant getting to know the various characters who attend the sessions. The sessions have been invaluable over the last year. Andre definitely comes out of his shell more while attending."

Tina Molinaro

Inclusive Creative Covid19 Legacy Project - Poetry and Prose (to April 2021)

The last of these Creative Writing sessions took place at the beginning of the period. We engaged with participants facing increased isolation which arose from enforced shielding.

The 24 pieces of work – stories, poems and illustrations were reinterpreted with music and narration as audio-visual presentations which are available to view on our website.

Production of a printed and bound book of the work is now in process.

Ever New Stories: “What If?” - ongoing

The Ever New Stories was a series of sessions with themes developed with our participants as a way to stimulate positive outlooks during lockdown using fun, free-flowing conversation and collective ideas, to start opening up and co-creating stories.

The last of the previous strand “Our Street” which reflected participants’ wishes for real life change, finished in March 2021, and we began working on the “What If” series. These stories were drawn from whimsical and fantastical imaginings.

Many thanks to Maria Tashnikova, who created black and white outline pictures during the sessions. These were then offered back to members of the group for colouring, producing a spectacular sequence of images for each story.

All the Illustrated Evernew stories can be viewed on our website.

Seriously Silly Sensory Session - ongoing

Seriously Silly Sensory Sessions use accessible improvisation games to socialise and stimulate the senses. Improvisational games are used in our live, in-person sessions to warm up, bring focus and connect to each other at the start of each session. These games are at the heart of our practice as they are totally inclusive and people can offer whatever movement, sound, sign or sensory element, however big or small, as an inspiration to the group and it will be copied and acknowledged by all the participants. Knowing the value of these theatrical and embodied practices, we have been able to use these games to interact through the screen, using imaginative sensory play to overcome isolation, and the distance and passivity that could happen with online virtual workshops.

One of the most joyful outcomes is laughter and acknowledgement through mimicry, there is rarely a session that does not bring people into the moment and commit to playful sensory actions that bring out the unexpected and often surprisingly funny happenings.

We have also found some interesting long term learning moments for our participants as shown in this quote:

“From the very start it was seriously silly, anything went and it was improvisation at its best! Whatever came into your head just came out. The facilitators were so full of energy and got the group making funny faces and expressing themselves anyway they felt. We all got to bounce ideas off one another and sing and dance alone to songs and sounds we were all making. The sessions are a real joy from start to finish and ground breaking in their approach to inclusion.”

Elizabeth Merrilees – Social Prescribing volunteer

Dance and Movement Workshop - ongoing

The Dance and Movement workshop has been very popular with our participants and it's been an educational journey for both participants and facilitators. We have travelled around the world selecting music from different countries which has created opportunities for individuals to share their heritage with their peers. The session encourages individuals to select and share their favourite pop stars, types of instruments or a type of music. The session then allows for everyone to contribute a dance movement encouraging self-volition, enhance recall, memory, stimulation, creativity and lots of fun through movements and creating a dance sequence as a group.

"The group made me feel so welcome once again. The first 10 minutes was all about greeting the members and making contact with everybody including the carers and bringing them into the activities. The facilitators were speaking to each member of the group and getting them to make either a sound or movement to create a wonderful story. Their ability to engage with language and sound really stimulated and engaged the group. By the end of the session we had all made a lot of noise but what a fun way to spend an afternoon!"

Elizabeth Merrilees- Social Prescribing volunteer

Seated Mindful Breathing and Yoga - ongoing

Nigel, facilitator of the Seated Meditation workshop says "I have been especially inspired by perceiving the flow of natural movement that participants sometimes synchronise into. The specific challenges were to pitch the activity at an inclusively accessible level, such that individuals are encouraged to explore their limitations and capabilities. For me as a facilitator, fellow participant, and holder of the space I have been gratified by the moments where the participants have taken the lead and shared with the group, their unique nuanced input".

Judging by the display of focused activity balanced by mindful stillness shared by the group, it is apparent to me that some transformational potentials for mood, sense of self and breath, and increase of ease of mobility, were palpable short-term outcomes."

"From a personal perspective, I find the sessions enjoyable and relaxing. I feel my 'troubles' drift away and my anxiety levels are reduced considerably. The activities and the atmosphere generated are inclusive and conducive to a variety of clients, which is wonderful to experience"

Christine Stockford, Covid19 survivor

Thank you to all the workshop facilitators for their hard work in providing new and exciting accessible workshops for our participants and associates. Each workshop requires a large amount of preparation and commitment, and the team has been dedicated in offering these workshops on a regular basis to our participants.

Live Workshops

We had a tentative restart at one of our venues in October 2021 but a sudden rise in Covid rates meant people had to return to lockdowns and shielding.

With the easing of restrictions, we have been running our live sessions again since January in all three of our London locations in Portobello Road Salvation Army Hall in Kensington, St. Peter's Heritage Centre in Vauxhall and St. Barnabas Church in Hackney.

It has been great to get back to in-person sessions seeing old faces that could not attend online sessions and simply being able to make music as a community. Sadly, Zoom is not a viable platform to play instruments at the same time, so it has been incredibly uplifting and moving to build musical improvisations again face-to-face.



The Goldsmiths Students visiting our live session at St. Barnabas, Homerton

Volunteers

The disruption of Covid meant we lost several former volunteers, however, two new, engaging volunteers have joined the JOS team.

Marcelle and Ray joined the team in October/November 2021 and have maintained attendance making them reliable and responsible assets to the team. They have both added an abundance of joy and playfulness to the sessions, learning at an exponential rate through direct experience. They've also been brave, getting out of their comfort zones to lead parts of the sessions. They encourage others by sharing of themselves through self expression and commitment to taking part in the session with an open mind and generous spirit, and, of course, by co-learning with the participants and sharing JOS practice.

"Marcelle is exceptionally good at observing the needs but also the developments in others, and also great at supporting people by assisting them when she sees someone would like to try a new instrument or they are starting to feel uncertain or reticent about joining in." (Anna F, facilitator)

"I was scared, and now I have confidence, before I was down and now teach people about me and what I do (tai chi) when asked about challenges he faced 'to be confident in the middle of the circle, stop being scared, and just play and enjoy'." (Ray)

Thanks to returning volunteer David York who regularly helps at St. Barnabas, along with Julia Harris Voss, Patrick Carpenter and Lucy Mills at Portobello Road, Nico Pollen at St Peter's, Gala Mironiouk, Thiago Costa Behrndt, Ricky Clarke, Tom Rees at online events. Many thanks to Jenny Fone who got involved with management meetings, worked on various stories and gave advice on evaluation and inclusion.



Training

JOS Facilitator Hugh Aynsley, assisted by volunteer Jenny Fone, trained 30 people during the summer of 2021, in a combination of group and one-to-one sessions. JOS members and participants from the Baytree Centre, learned about using Zoom and technical support topics, changing settings; using the chat function; how to communicate online and other functions of the programme. These workshops were tailored to the individuals or groups and guided people through using new technologies.

"Thank you Hugh to you and Jen for the session this morning. I had some really positive feedback from the group. When I asked my students who joined if they had learned anything, they said that they could now use the chat box and felt more confident to use zoom again. I was especially pleased with Anees who came on zoom for the very first time." (Baytree Coordinator).

In May the JOS team attended two Mental Health First Aid Training sessions with the Pathways training organization.

Outreach and Events

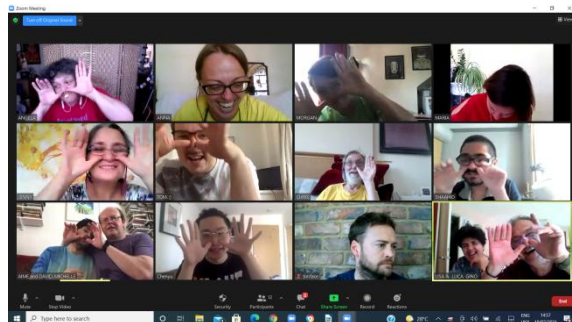


In person activities were necessarily restricted due to Covid, but we managed two events in August.

Working with strict precautions, we ran a session at Angmering, near the Sussex coast, the first of three sessions with partners The Treasure Basket who provide play and study activities for disadvantaged local children and parents in the area.

We also held an outdoor workshop at the Pavilion in Kensington as part of the borough's summer arts festival.

Although it was an online only event again in 2021, we did enjoy delivering two workshops for The Lambeth Country Show in July, as it was still a chance to engage with people across the borough.



On March 19th we ran a session with new partners, The 3 C's care and housing group, just round the corner from our St Barnabas venue, at the Wick Road Residential Home in Hackney.

On March 27th we returned to Angmering for another session with parents and children.

Website Research and Development

Our work in this area is a response to the severe lack of inclusive communication on most websites, and the barriers to access that are encountered by disabled people entering the digital world.

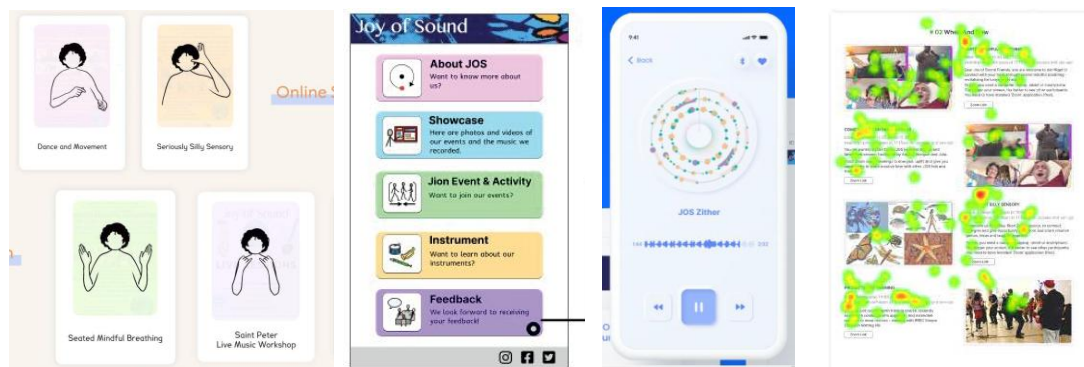
We began working with Goldsmiths University UX Department last year. We had one student, Chen Yu, who graduated in 2021, who worked with user-panels to research what our participants want from our website, and suggested many interesting design strategies.

This year we continued that relationship with four students: Yeqing Liu, Zhaohan Ding, Leyan Zhang and Jiarui Li, who worked very closely with us, making everyone feel involved during their visits to our sessions.

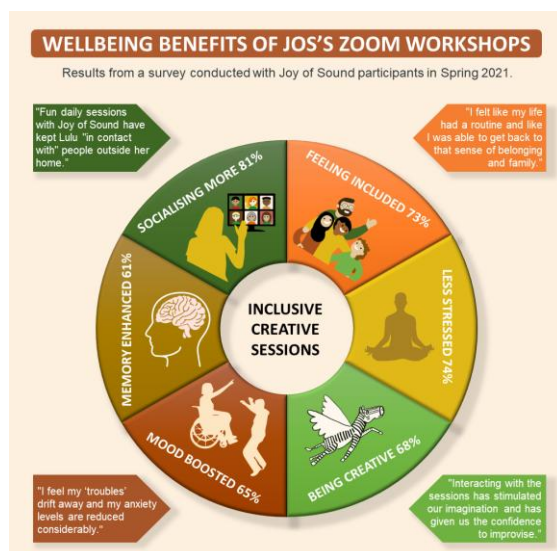
They have been helping us in a very innovative program developing inclusive access to our website. Our approach is to move away from traditional text-heavy website layouts by incorporating symbol and sign based navigation tools.

After researching the field the students began working with our participants, using interviews to get to know our participants preferences, testing and refining various pages, even using hi-tech eye movement tracking techniques. The students produced many content, layout and design improvements based on their findings.

They worked on incorporating Makaton and Widgit signs into our pages, and on a tactile response system for our instruments page.



Thanks to the all students and the Department Head, Nicholas Hines, for their very thorough and valuable work.



Digital Access - The London Community Story

In January 2021 the Mayor of London Sadiq Khan and his team from GLA launched The Community-Led Recovery Programme, which was focused on 'collaborating with and involving London's diverse communities' in London's Covid recovery. It supported activity which enabled communities most deeply affected by COVID-19 to share their lived experiences and take action to recover from the pandemic.

JOS was amongst 20 organisations which received grants for the London Community Story project which was administered by the Groundwork UK, awarding JOS £1500.

With support and training opportunities from the GLA, we worked on two themes while developing our skills with graphic presentation.

One was to gather and collate feedback on the impact of our Zoom sessions for our participants, and the other was concerned with the difficulties that people in residential care homes have with getting access to the internet in terms of a lack of adequate equipment installation.

Digital access stories from two residential homes during Covid 19 times

Amyra hasn't been outside for over a year. The only people she sees are her carers.

Joy of Sound sessions have gone online but Amyra doesn't have Wi-Fi or a device to join.

Head Office had already delayed internet repairs, and then Covid prevented access for work people.

JOS bought Amyra a tablet & network dongle, but staff wouldn't take it in till restrictions lifted.

At last Amyra has her tablet, joining 3 JOS sessions a week, laughing and connecting with friends.

All residential & assisted living homes should have fibre optic broadband access in all personal and communal spaces.



Richard is shielding and misses singing with Joy of Sound and connecting with people.

JOS bought Richard a tablet, but he can't use it due to Wi-Fi & network dead spots in the communal area.

The staff said the only solution is to install fibre optic broadband, which they said will happen soon.

Six months later the fibre optic broadband hasn't been installed & the dead spots are still there.

For over a year now, Richard, and his co-residents, have not connected to any online activities.

63% of residents don't have access to online creative sessions so vital for physical and mental health, well-being & reducing isolation.

We are pleased that the main cover of the Mayor of London's Publication "Stories of Finding Connection During Covid-19" featured an image from our illustrator, Maria Tashnikova.



"It is brilliant that there are organisations using reconditioned devices to meet the mission to provide technology for all. However there is a serious need to provide specialised devices for people with different access needs, especially when people don't have a voice to ask for what they need, such as inclusive adaptive controls and interfaces to help them get online and navigate the internet in a way that meets their unique requirements." (Anna Franklin).

The complete project and links to showcases of all our work are featured online in the Mayor's Google Arts and Culture Platform

<https://artsandculture.google.com/story/BAVBb1iond9J-Q>

Creative Output

As well as the illustrated poems and stories featured on our website, the period included a CD Album release, “Gurgle in the Elephant’s Belly” and continuing international showcasing of the JOS film “Inside I’m Free”.

Gurgle in the Elephant’s Belly

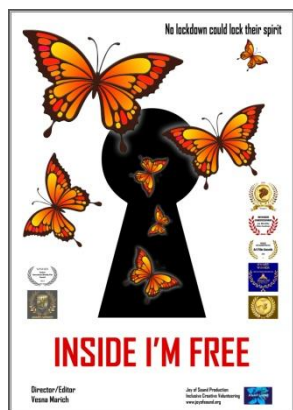


Released at the end of July 2021 for the 20th Anniversary of Joy of Sound, this is a 1 hour long track of deeply meditative music co-produced by Joy of Sound founder, William Longden, and Matteo Boyero and featuring the participation of over 300 JOS session participants and associate musicians.

Two years in the making and undeterred by Covid-19 restrictions, this epic work has been produced in acknowledgement and appreciation of each and every one of the many thousands of creative individuals who have contributed to JOS’s legacy of inclusive participatory community music making since January 2000.

The Album demonstrates how JOS’s live improvisational approaches can be readily applied with the same vital spirit and energy to the playing, recording and production of an original, remarkable and moving music of shared atmospheres, emotions and embodied expression.

Inside I’m Free



JOS’s lockdown dance film “Inside I’m Free” was developed by Choreographer Ekaterina Peskova and Editor/Director Vesna Marich, and was made using footage filmed by participants using their own mobile phones during the period of being forced to stay at home by Covid in Spring 2020. It is about a group of Londoners, JOS’s participants and friends, who find that surviving lockdown is easier when you carry on doing your hobbies, playing with your pets - and dancing your heart out. Music by Chris Leeds, Mike Scott and the Waterboys.

In 2021 it was selected at 10 film festivals around the world, and achieved 7 awards: Best Quarantine Film in Serbia, Best Mobile Phone Film in Serbia, Best Quarantine Film in Macedonia, Best Mobile Phone Film in U.S.A., Best Mobile Phone Film in Singapore, Best Women’s Film in Bhutan, Best Women’s Film in Japan.

All our creative output – stories, videos, images and audio can be found on our website <https://joyofsound.org/galleries>

Financial review

Total income for the year amounted to £17,460.

Outreach Income

We generated £985 income from outreach, and £747 from a fundraiser event at the Bonnington Centre Community Café in Lambeth.

Grants



We received funding from the Baily Thomas Charitable Fund (£3000) for facilitators fees, website development and general running costs.



The British Library supported us with £2250 towards our 'Adventures Here, There, and Everywhere' online work.



We received £3000 funding from the GLA / Mayor of London, administered by Groundwork, for our work with the London Community Story on research and promotion of inclusive digital communication, and developing our fundraising capacity.

We were able to commission the Fundraising Consultant Jim Greenwood who helped us to improve knowledge and processes in 3 Joy of Sound work-streams:

- Review of past funding bids and grant reports to ascertain JOS's strengths and weaknesses,
- Practical bid writing support (for the National Lottery Community Fund – Reaching Communities), and
- Monitoring and evaluation processes, including impact measurement

Donations

Our participants contributed a total £2492 at our live sessions.



Huge thanks to Lee Clifford who organised the fantastic and very stylish **Portobello Rd Antique Market Dealers** who recently and rather heroically climbed Ben Nevis to raise £375 for us.



Many thanks to Lockie Ashley-Holligan, a long standing volunteer for JOS, for introducing us to the Ashley Family Foundation who donated £1500 to support the return to live work.

We would like to extend our gratitude to Aime and his parents Chris Nikoloff and Michelle Bosc for their incredible donations amounting to £1480. Their generosity kept sessions running when grants ran dry.

THANK YOU DEAR AIME, MICHELE & CHRIS



FROM ALL AT THE JOS TEAM

Many thanks to Vesna Marich for her hard and continuous work on Fundraising and Administration for the charity this year. Now acting as a volunteer, she has been the core of the team during difficult times and her commitment and sustained efforts are continuously appreciated.

We welcome new accountant Gemma Senior to the team.

Summary

Like many, we thought that Covid lockdowns, which began in March 2020, would be over by March 2021 – but there were to be another 10 months of restrictions.

We would like to thank William Longden, the founder of Joy of sound for his ongoing support and mentoring for the team.

At his instigation, Joy of Sound had reacted very swiftly and efficiently at the start of Covid lockdowns, switching to working online, gaining not only a new skill set, but a whole new audience for whom Zoom was very liberating, and we learned that it was a very valuable adjunct to our work. So much so that, as restrictions on travel and meeting in groups lifted in early 2022, we developed a hybrid approach, where some of our participants come to live sessions, some to zoom sessions and quite a few come to both.

We will develop this crossover between live and online work in future projects because it is so useful and practical within the PMLD, LD and Disability sectors, and of particular importance for isolated people, those in residential homes or those who do not travel.

This has also prompted a review of our online accessibility, and research into highly innovative solutions.

So we welcome back old friends – some of whom we have not seen in real life for two years - and welcome new friends to join us in this new way of doing things.

Thank you to all the trustees, particularly those who not only manage the charity, but also volunteer their time as facilitators at our regular live sessions and outreach event.

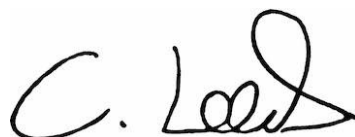
Thanks for the extra hours and energy that everyone has put into sustaining the charity during this period, and to the management team coping with Management and Trustee Meetings, via Zoom, which is not always easy.

On behalf of all the JOS team, I want to thank all JOS Volunteers and Trustees for the support, encouragement and hard work that has been put into JOS this year, another one of adapting to the ever changing landscape of the field we work in.

Angela Contucci
Chairperson
24th October 2022



Chris Leeds
Treasurer
24th October 2022



Appendix 1 – Balance Sheet and Accountant’s Statement

Joy of Sound Balance sheet as at 31/03/2022

	Restricted	Unrestricted	Total
Admin Costs	165	-	165
Audit & Accountancy fees	200	-	200
DBS Fees	307	-	307
Equipment	632	67	699
Event Catering	-	349	349
Exhibition/Presentation	300	-	300
Facilitators	7,757	1,233	8,990
Facilitators Fees IT	66	-	66
Fundraising Costs	750	-	750
Office Stationery& Postage	1	21	22
Phone/Internet/Zoom	982	159	1,141
Publicity and Promo materials.	1,310	461	1,771
Refreshments	-	505	505
Research	500	-	500
Staff Costs	6,000	-	6,000
Training	750	-	750
Travel Costs	242	445	686
Venue Hire	986	688	1,674
Volunteer Expenses	-	78	78
Workshop Costs	286	305	591
Total Expense	21,232	4,310	25,542
Total Income	9,000	8,143	17,143
Surplus	- 12,232	3,833 -	8,399

Joy of Sound Income Statement for the year ended 31/03/2022

Non-Current Assets

Tangible Assets Nil

Current Assets

Inventories Nil

Receivables Nil

Bank/Cash £ 14,060

Net Assets £ 14,060

Funds of the Charity

Brought Forward Restricted £ 18,921

Brought Forward Unrestricted £ 3,538

Brought Forward £ 22,459

Carried Forward Restricted £ 6,690

Carried Forward Unrestricted £ 7,370

Carried Forward £ 14,060

Independent Examiner's Report to the Trustees of Joy of Sounds for the period ended 31 March 2022

I report to the trustees on my examination of the accounts of Joy of Sounds (the Charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination. I report in respect of my examination of your charity's accounts as carried out under the section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2007; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination: or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102). IER 2 October 2018 I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed *Gemma Senior*

Name: Gemma Senior – Accounting Gem Limited

Relevant Professional Body: Institute of Certified Practicing Accountants (ICPA)

Address: M301 Tooting Works, 89 Bickersteth Road, London SW17 9SH

Date: 24/05/2022

Appendix 2 – Funding Breakdown

Funders	Total	Dates Received	Active	Non-active
Groundwork	£3000.00	07.04.2021; 07.03.2022	✓	
British Library	£2250.16	02.07.2021; 17.06.2021; 17.08.2021		✓
Ashley Family Foundation	£1500.00	27.10.2021	✓	
Bailey Thomas Charitable Fund	£3000.00	23.02.2022	✓	
Outreach workshops' grants	£985.00	31.04.2021; 04.08.2021; 07.10.2021		✓
Donations	£3487.00	Throughout the year	✓	
Live Workshops' Donations/Fees	£2491.50	Throughout the year	✓	
Fundraising event	£746.88	24.11.2021		✓
TOTAL	£17460.54			

Appendix 3 – Activity Breakdown

Activity	Attendances	Number of events	More information
Zoom Public Events	32	2	Lambeth Country Show 2 events
Zoom Wellbeing Sessions	4234	189	
Live Inclusive Music Sessions	857	50	
Community Outreach	68	4	1 in Pavilion, Powis Square, London; 3 in Treasure Basket Association, Worthing
Public and International Performances	2000	10	Inside I'm Free film screenings at 10 film festivals, approximate number of viewings/festival attendances
Exhibitions	3000	1	Online - London Community Story Exhibition Londoner's Stories of Finding Connection During Covid 19- Mayor's Google Arts and Culture Platform, approximate number of viewings
Conference	500	2	GLA Looking Back, Moving Forward : Engaging Londoners in Recovery
Trainings	17	7	Communication Clinic web training; Mental Health Training with Pathways; 4 trainings with London Community Led Recovery Programme: Accumulating Data, Qualitative Data Analysis, Problem Solving, Reflective Learning, Community Organising and Community Leadership Programme, Data Presenting and Sharing,
Zoom Meetings	150	36	Web; Evaluation; Safeguarding; Cheney's proposal; Infographics; Social Prescribing; GLA Exhibition; Fundraising; Finances; Jubilee Fund
Management Meetings	137	22	
Trustees meetings	20	3	
AGM Meeting	8	1	
TOTAL	11023	327	

Appendix 4 JOS partners/collaborators / instigators in 2021/2022

Goldsmiths University
Sutton House National Trust
The Treasure Basket Association, Worthing
The Pavilion - Powis Square, K&C
Wick Road residential home in Hackney
GLA (Greater London Authority)
Lambeth Country Show 2021
National Lottery Good Causes Campaign
Roehampton University
Communication Clinic
LCS (Literature and Cultural Studies) Mayor's Google Arts and Culture Platform
City of London Community Engagement Team
Pathways
NCVO
Groundwork London, Community Led Recovery Project
Portobello Road Antique Market Dealers
Bonnington Centre Community Association
Whaever Records and Studio Dada
Salvation Army at Portobello Road
St Peter's Heritage Centre, Vauxhall
St. Barnabas Church, Homerton

JOS collaborators:

Debra Stokes, Lockie Ashley-Holligan, Jim Greenwood

Film :

Ekaterina Peskova, Jenette Fone, Sue Charteris, Zoran Radivojevic, Gengiz Hussein, Andre Molinaro, Scarlet Drake, Gabriele Parassiti, Tina Molinaro, Poppy Longden, Kate Wilkinson , Ilya Fourmanov, Nefise Husein, Darko Predanic. Music: Chris Leeds, Mike Scott and the Waterboys.

JOS Album:

Matteo Boyero, William Longden, Peter Soldan, Basile Carel

Appendix 5 – Joy of Sound Vision and Mission

VISION

A world where everybody is equal and included

MISSION

A world where every person is acknowledged valued and included in all aspects of society as an equal.

VALUES

We work with all-comers of all abilities as equal collaborative co- creative partner

We put inclusive attitude into practice to make creative things happen

We build relationships grounded in mutual responsibility and trust

We show the meaning and value of inclusion by being inclusive

AIMS and OBJECTIVES

1. To promote and advocate for increased social and economic inclusion by:
 - i. Delivering regular weekly all-year-round inclusive participatory music and combined arts workshops
 - ii. Providing trainings in JOS inclusive workshop techniques
 - iii. Educating people about the value and use of inclusive and combined arts practices at educational sessions, workshops, seminars, lectures and events
2. To encourage, facilitate and acknowledge the self-expression and self- empowerment of all people, and particularly:
 - i. Impaired and disabled people
 - ii. Socially and economically deprived and marginalised people including elders
 - iii. People facing mental health challenges
 - iv. Unemployed people
 - v. People on wellbeing pathways including learning disabled people, and people living with long term debilitating health issues
 - vi. People facing barriers to their access of creative health and wellbeing activitiesby:
 - i. Providing all-year-round regular workshops
 - ii. Providing personal and social advocacy and mentoring
 - iii. Co-design and production of bespoke musical instruments and instruments access equipment
 - iv. Reaching out to engage hard-to-reach groups
 - v. Facilitating volunteer pathways for personal and social wellbeing, lifelong learning and career development
3. To increase awareness about issues relating to disability and social exclusion by:
 - i. Disseminating inclusive practices and practice based research at presentations, showcase events, festivals and conferences in UK and abroad
 - ii. Developing and providing Inclusive Social Training Development with disabled people, familial and professional care and support givers, volunteers and community
 - iii. Engaging with existing and developing strategic networks forging opportunities for collaboration and focus towards increased public awareness and social change